



The Royal Children's
Hospital Melbourne

Department of Nutrition & Food Services

Nursing Education Day 2025

Thursday 24th July 2025

Timetable

Login from 8.45am	
9.00 am	Welcome (15mins) <i>Bianca Sowerby, Dietitian</i> <i>Royal Children's Hospital, Melbourne</i>
9.15 am	Faltering Growth (60mins) <i>Karli Vanvitelli, Dietitian</i> <i>Royal Children's Hospital, Melbourne</i>
10.15 am Morning Tea (15mins)	
10.30 am	Navigating restrictive diets: Understanding what we can and can't control (60mins) <i>Jordan Brockett, Dietitian</i> <i>Royal Children's Hospital, Melbourne</i>
11.30 am	Nutritional Deficiencies in infants & children (45mins) <i>Carolyn Van Heerden, Paediatrician</i> <i>Royal Children's Hospital Melbourne</i>
12:15 pm Lunch (45 mins)	
1.00 pm	Gastrointestinal issues in children & the microbiome (45mins) <i>Bianca Sowerby & Sophie King, Dietitians</i> <i>Royal Children's Hospital, Melbourne</i>
1.45 pm	Feeding challenges in infants & young children (60mins) <i>Georgia McLeod, Dietitian</i> <i>Royal Children's Hospital, Melbourne</i>
2.45 pm Afternoon Tea (15mins)	
3:00 pm	Introduction of solids (45mins) <i>Samantha Baring, Dietitian</i> <i>Royal Children's Hospital, Melbourne</i>
3:45 pm	Feeding the ex-prem post discharge from the NICU (45mins) <i>Bella Cameron, Dietitian</i> <i>Royal Children's Hospital, Melbourne</i>
4:30 pm Close	

Visit <https://www.rch.org.au/nutrition/education/> for registration information. This day will be held online.